



Are you Covered?

Check your benefit booklet or call your insurance company and ask:

- Do I have insurance that covers immunizations?
- Does my insurance cover the recommended immunizations?
- Are there any coverage limitations or restrictions?
- Will I have to pay anything for immunizations like co-pays or deductibles?
- Is the vaccine provider in my insurance policy network?

One of the most important things you can do to protect yourself, your family and your community is to get immunized against serious vaccine-preventable diseases.

For more information:
www.cdc.gov/vaccines

VACCINES RECOMMENDED BY AGE

Instructions: Find your age at the top of the Vaccine Recommended By Age Table. Follow your age color down the column:

Birth through 6 months
 12-23 months
 4 - 6 years
 11 - 12 years
 19 - 64 years
 65 years and older

NOTE: If your age falls between Recommended Age Columns, follow the color on the column to the left to find the vaccines recommended for your age.

Vaccine for persons at high risk because of chronic health conditions or exposure to disease. Check with your provider to determine level of risk and need for vaccine.

Vaccine Recommended	Diseases Prevented	Birth	2 Months	4 Month	6 Months	12-23 Months	4-6 Years	11-12 Years	19-64 years	65 years and older
DTaP/DTP/DT	Tetanus, Diphtheria, Pertussis (Whooping cough)		Dose #1	Dose #2	Dose #3	Dose #4	Dose #5			
IPV	Polio		Dose #1	Dose #2	Dose #3	Dose #3 or #4	Dose #4 or #5	Catch-up 7-18 yrs 4 or 5 Total Doses	✓	✓
Hep B	Hepatitis B	Dose #1	Dose #1 or #2	Dose #2	Dose #3	3 Total Doses	3 Total Doses	Catch-up 7-18 yrs 3 Total Doses	✓	✓
Hib	Haemophilus Influenza Type B		Dose #1	Dose #2	Dose #3 (may not need this dose)	Dose #3 or #4	3 or 4 Total Doses			
PCV13 (Pneumovax)	Streptococcus Pneumoniae		Dose #1	Dose #2	Dose #3	Dose #4	✓	✓ through 18 years of age		
RV1 (Rotarix) RV5 (Rotateq)	Rotavirus		Dose #1	Dose #2	Dose #3 (may not need this dose)					
MMR	Measles, Mumps, Rubella (German Measles)					Dose #1	Dose #2	Catch-up 7-18 yrs 2 Total Doses	✓	✓
Varicella	Chickenpox					Dose #1	Dose #2	Catch-up 7-18 yrs 2 Total Doses	✓	✓
Hep A	Hepatitis A					Dose #1 and #2 2 Total Doses	✓ And those wanting protection	✓ And those wanting protection	✓ And those wanting protection	✓ And those wanting protection
MCV4 (Menactra, Menveo) MPSV4 (Menomune) Minimum age: 2 yrs	Bacterial Meningitis						✓ May need vaccination/revaccination	Dose #1 at 11 – 15 yrs Booster dose 16 – 18 yrs 2 Total Doses ✓ May need vaccination/revaccination	✓ May need vaccination/revaccination	✓ May need vaccination/revaccination
HPV2 (Cervarix) HPV4 (Gardasil) (May offer HPV4 to males) Minimum age: 9 yrs	Human Papillomavirus							3 Total Doses Catch-up 13-18 yrs	Catch-up 19-26 yrs 3 Total Doses	
Td/Tdap (Tetanus Booster)	Tetanus, Diphtheria/ Tetanus, Diphtheria, Pertussis (whooping cough)							Tdap Booster Dose #1 (Catch-up 13-18 yrs)	Tdap to replace 1 Td booster (Td every 10 yrs)	Tdap/Td Booster* Tdap may replace 1 Td booster (Td every 10 years)
PPV23 (Pneumonia Shot) Minimum age: 2 yrs	Streptococcus Pneumoniae						✓ May need vaccination/revaccination	✓ May need vaccination/revaccination	✓ May need vaccination/revaccination	Dose #1 ✓ May need vaccination/revaccination
TIV or LAIV (Flu Vaccine)	Influenza				Dose #1 and #2 Yearly	Yearly	Yearly	Yearly	Yearly	Yearly
Zoster (Zostavax)	Shingles								60 years and older 1 Dose	1 Total Dose

Reliable Sources of Immunization Information: Where to go to find answers!

Websites

American Academy of Pediatrics (AAP)

www.aap.org/immunization AAP's childhood immunization website contains information for both parents and clinicians.

Centers for Disease Control and Prevention (CDC)

www.cdc.gov/vaccines The information on this website ranges from official vaccine recommendations for healthcare professionals to information for the general public about vaccines.

Every Child by Two (ECBT) www.ecbt.org and www.vaccinateyourbaby.org ECBT, founded by Rosalynn Carter and Betty Bumpers, has created these two websites. Each contains a broad array of educational materials and information about vaccines, their safety, vaccine research and science, vaccine misperceptions, and many other topics to help clinicians and parents.

Immunization Action Coalition (IAC)

www.immunize.org and www.vaccineinformation.org IAC is a nonprofit organization that promotes immunization for all people against vaccine-preventable diseases. These websites offer educational materials, photos, and video clips for parents, healthcare professionals, the media, and the general public.

National Network for Immunization Information (NNii)

www.immunizationinfo.org NNii provides current, science-based, extensively reviewed information to healthcare professionals, the media, policy makers, and the public.

U.S. Dept of Health and Human Services (HHS)

www.vaccines.gov Vaccines.gov is the federal gateway to information on vaccines and immunizations for infants, children, teenagers, adults, and seniors.

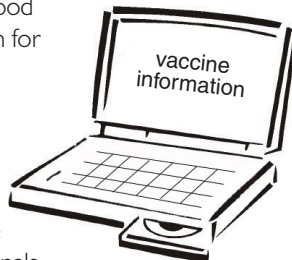
Vaccine Education Center (VEC)

www.vaccine.chop.edu The goal of the VEC at Children's Hospital of Philadelphia is to accurately communicate the facts about each childhood vaccine. VEC publishes a monthly vaccine e-newsletter for parents titled "Parents PACK." For more information or to subscribe, visit www.vaccine.chop.edu/parents

Phone Numbers

CDC-INFO Contact Center

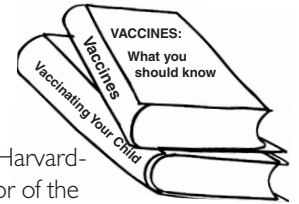
A toll-free number for consumers and healthcare professionals who have questions about immunization and vaccine-preventable diseases. Call (800) CDC-INFO or (800) 232-4636. The Center operates 24/7 in English & Spanish. TTY: (888) 232-6348.



Books for Parents

Baby 411, 4th edition

By Denise Fields and Ari Brown, MD, Windsor Peak Press, 2009. Written by a Harvard-trained pediatrician (Brown) and the author of the best-selling *Baby Bargains* (Fields), this book is the ultimate compilation of frequently asked questions for baby's first year. It includes a special section on vaccines. To purchase, visit your local bookstore or www.windsorpeak.com/baby411



Do Vaccines Cause That?! A Guide for Evaluating Vaccine Safety, 1st edition

By Martin Myers, MD, and Diego Pineda, MS. Published by Immunizations for Public Health, 2008. Get straight, science-based answers to parents' questions about the safety of vaccines. To purchase, visit your local bookstore or www.dovaccinescausethat.com

Parents Guide to Childhood Immunization, 2010

This 68-page booklet from CDC introduces parents to 14 childhood diseases and the 10 vaccines that can protect children from them. Parents can order a free booklet or print their own copy by visiting www.cdc.gov/vaccines/pubs/parents-guide

Plain Talk About Childhood Immunization, 6th edition

Washington State Department of Health, et al., 2008. This 54-page booklet provides parents with accurate information about immunizations and the diseases they prevent, vaccine safety, and other topics of interest to the public. The publication, available in English and Spanish, can be downloaded at <http://here.doh.wa.gov/materials/plain-talk-about-childhood-immunizations> in either low resolution (for printing on office copiers) or high resolution (for professional printing).

Vaccines and Your Child, Separating Fact from Fiction, 2011

By Paul Offit, MD, and Charlotte Moser, Columbia University Press, 2011. This book answers questions about the science and safety of modern vaccines. In straightforward prose, Offit and Moser explain how vaccines work, how they are made, and how they are tested. Most important, they separate the real risks of vaccines from feared but unfounded risks. To purchase, visit your local bookstore or www.cup.columbia.edu

Videos

"Vaccines and Your Baby" and "Vaccines: Separating Fact from Fear"

Available for a nominal charge in English and Spanish in DVD format, these videos answer many questions that new parents have. Ordering information is available at www.chop.edu/service/vaccine-education-center/familyOrder.cfm or parents can watch the videos online at www.chop.edu/service/vaccine-education-center/related-information/multimedia.html.

